

# NEWSLETTER



their way deeper into the body and may cause serious diseases over time such as heart disease and diabetes. As biofilm hardens in becomes tartar which must be removed by a dental hygienist.

We use the latest recommended treatment protocols, called Guided Biofilm Therapy which combines professional tooth cleaning with your dental hygienist with proper dental care practiced at home. There is no better way to keep harmful biofilm under control.

Our treatment protocols with GBT is like a wellness spa experience! The treatment is painless with water heated to a warm 40c, and does not damage the teeth. Using a combination of water, air, and sodium bicarbonate particles, AirFlow gently polishes away any surface staining from the teeth, leaving behind a bright white smile.

We are delighted to become a Guided-Biofilm-Therapy (GBT) Certified Practice with our new upgraded AirFlow Prophyllaxis Master, offering you the latest biofilm and stain removal treatment with AirFlow.

Professional tooth cleaning is necessary to removes harmful plaque (called biofilm) on teeth and gums. It is the only way to prevent gum disease and tooth decay.

The bacteria in biofilm damage the teeth and the supporting structures such as the gums and bone that hold the teeth in place. These bacteria can also find

## PRACTICE HOURS

|           |        |        |
|-----------|--------|--------|
| Monday    | 9.00am | 8.00pm |
| Tuesday   | 9.00am | 5.00pm |
| Wednesday | 9.00am | 5.00pm |
| Thursday  | 9.00am | 5.00pm |
| Friday    | 9.00am | 3.20pm |
| Saturday  | 9.00am | 1.00pm |
| Sunday    | Closed |        |

*Closed for Lunch Mon/Thurs - 1.30pm- 2.30pm  
Saturdays & Evenings by Appointment*

## EMERGENCY /OUT OF SURGERY HOURS

When the practice is closed please call the practice telephone number and a recorded message will give further information on how to access advice and treatment in the event of a dental emergency.

For a dental emergency outside of normal surgery hours, with the exception of Denplan members, a callout fee will be charged.

*Straighten Your Teeth the Invisible Way*



**Free Consultation & Teeth Whitening  
with All Invisalign Treatments**

Interest Free Credit Plans Available to All Our Patients. Subject to Status. T&Cs Apply



# STAFF NEWS



We would like to welcome Heidi back after her maternity leave. Heidi had a beautiful little girl; Lydia, in the spring last year.

Heidi will be back in April. She'll be able to offer a range facial rejuvenation treatments including the new Prophilis treatment as well as hyperhidrosis treatments for the hands and under arms (excessive sweating).

Heidi is also an Invisalign provider, treating patients with clear invisible braces teeth-straightening options. If you would like to book an appointment to see Heidi, contact our reception team or see our website for the online booking tool!

In addition our beautiful Aishah will be staying on as a permanent member of the team. Aishah is an empathetic and caring dentist and has been a joy to have as part of our team this past year.

Aishah is also an accredited Invisalign provider and has a particular interest in aesthetic dentistry including composite bonding and veneers.

## BEAUTIFUL CROWNS WITH CEREC ONE-VISIT DENTISTRY

**CEREC**<sup>®</sup>  
One-visit dentistry



- one visit
- no impressions
- no temporaries
- metal free
- highly aesthetic
- long lasting

## A Warm Welcome to Natasha



We have the lovely Dr Natasha Wright joining our team. Natasha is an Orthodontic Consultant at Addenbrookes and Guys & St Thomas' Hospitals. Natasha enjoys treating complex malocclusions and is confident in the use of aesthetic fixed braces (ceramic and metal) and complex invisalign cases.

Patients from both within and outside the practice can self-refer to book in to see Natasha for orthodontic treatment.



## VITA EasyShade

We now offer more precise and reliable shade taking of your teeth when making restorations such as crown and bridgework. This is done with our new VITA EasyShade which takes a digital recording of the tooth shade.

The LED technology that is not affected by back-ground light which can make teeth look different shades in different settings, such as when indoors and outdoors.

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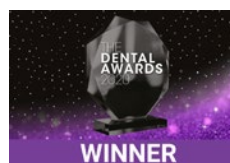
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## Recent Awards



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